

# Yearly SHAC Report to Board of Trustees

6/15/20

- The School Health Advisory Council is established under Section 28.004 of the Texas Education Code and is tasked with ensuring that local community values are reflected in our district's health education instruction and help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

In the 2018/19 school year, the SHAC updated and approved the district's required Local Wellness Plan, and this year we began the work of assessing the Local Wellness Plan to determine

- Compliance with our wellness policy,
- How the wellness policy compares to model wellness policies, and
- Progress made in attaining the goals of our wellness policy.

Due to COVID, we were unable to hold our Spring semester SHAC meetings; however the SHAC did complete some important work in the meetings we held during the fall semester. This year's committee assisted with the development of the Triennial Assessment survey. This survey is required to be administered every three years by Policy FFA(LEGAL) and is designed to assess each campus' activities and programs in the areas of school wellness environment, school meals and other food served, and health and physical education. The information collected in the survey will demonstrate each campus' progress toward meeting our District's Wellness Goals in FFA(LOCAL). Campus administrators completed the survey during the spring semester. Our next steps and work for 20/21 will include presenting the survey data to the SHAC for their review and the SHAC will make recommendations for each of the components assessed to support the general wellness of all students.

Additionally, the SHAC reviewed Vaping and E-cigarette materials and determined that the CATCH My Breath program would be an appropriate tobacco education program for the students in Rockwall ISD. CATCH, which partners with Action for Healthy Kids, Blue Cross and Blue Shield of Texas, CVS Health, MD Anderson Cancer Center and the Michael and Susan Dell Foundation, to name a few, is evidence-based and shown to significantly reduce the likelihood of vaping in the year following program implementation. We will continue to work with the curriculum team to implement CATCH on each Rockwall campus. As a side note, our Student Services Department partnered with CATCH in the Fall and hosted a vaping education program for parents as part of our Rockwall ISD Parenting Series.

As we continue to work on a draft plan for the 20/21 school year, we wanted to bring forward some of the health and safety factors that have been taken into consideration. In your board packet, you'll see a flowchart from the Center for Disease Control that we have used for guidance.

Using this information from the CDC, we have taken the following health and safety actions into consideration when working on our draft plan, which Dr. Ellis will share with you a bit later.

- a. Promote healthy hygiene practices
  - a. Ensuring that employees and students have access to soap and hand sanitizer
  - b. Reminding students of the importance things such as sneezing into their elbow and regularly washing their hands
- b. Intensify cleaning and disinfection
  - a. David Carter and his staff will work closely with our custodial staff in the development of a schedule of services to meet this recommendation.
- c. Encourage social distancing
- d. Signage and messages
  - a. When you entered this building tonight, you saw some examples of what signage would look like.
- e. Health and safety protocol training
  - a. Continuing to work with staff and students in the development of a plan to ensure proper protocols are in place.

In addition to these actions, the CDC also has recommendations to monitor the following:

- a. Implement daily health screenings
  - a. We currently screen employees using a document in housed Skyward.
- b. Plan for students who get sick
  - a. Working with campus admin for attendance and curriculum needs
  - b. Working with campus admin to provide a safe location for students who present symptoms while at school.
- c. Plan for employees who get sick.
- c. Communication with all stakeholders
- d. Monitor absences (both student and employee)
- e. Prepare for an increase in COVID cases in the area